



A program of the Crissy Field Center, the Presidio Trust, and Bay Area Wilderness Training

2010 camping at the presidio



what our participants are saying...

“...I can show our kids from the inner city a new and positive outdoor experience that they would not otherwise get to see.”

- CAP Youth Leader

“The best part was the campfire and looking at the bridge and over the cliffs. Learning about plants with Ranger Yvea and learning if the water was polluted with Ranger Eddie.”

- CAP youth participant, Sixth grade, San Francisco

“Our youth have been recounting plenty of stories from their time at the Presidio...The time they spent together was really special. They learned lots and had incredible amounts of fun. Super shiny gold star to CAP for making this possible!”

- CAP Youth Leader

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what was your most memorable outdoor experience?

Roasting your first marshmallow? Discovering that you could hike up that big mountain? Or was it seeing the Milky Way for the first time? If you have ever been camping, then you know the power of that experience. We invite you and your youth to see, hear, smell, touch, and taste your national park. Gaze at vistas of the Pacific Ocean and the Golden Gate Bridge. Hear the wind rustling the fallen leaves. Smell fresh ocean air. Hug one of the soft-barked redwood trees. Enjoy the sweet taste of s'mores after a long hike. Through Camping at the Presidio, you have the unique opportunity to create new and lasting memories with the youth you serve.

camping in san francisco?

Yes! Stretching 40 miles north and south of the Golden Gate, the Golden Gate National Parks preserve 80,400 acres of open space and provide unlimited opportunities for recreation, learning, and enjoyment. The Campground at Rob Hill—nestled in a eucalyptus grove in the Presidio—is one of the hidden gems of this park. The only camping facility in San Francisco, Rob Hill is a fantastic venue for outdoor learning and fun, bringing the experience of a national park to the city's doorstep.

our mission

To provide meaningful gateway camping experiences to children and youth that traditionally have not visited national parks, the Crissy Field Center (operated by the Golden Gate National Parks Conservancy and National Park Service), Presidio Trust, and Bay Area Wilderness Training have developed the Camping at the Presidio (CAP) program. Designed for community organizations and schools, CAP is being offered through the Crissy Field Center and provides a dynamic and affordable way to enrich the lives of young people. The Presidio Trust, working directly with Crissy Field Center, is taking the lead in making this campground available to all our communities.



did you know?

- There is a direct link between outdoor exposure and mental health and learning.
- Youth who come into contact with nature are found to be less violent, have better social relationships, and experience less overall stress than children who do not.
- Youth who play outdoors have a greater ability to focus, have enhanced cognitive abilities, and are considered healthier.
- 89% of adult leaders believe that spending time outdoors could help their youth become better people.
- CAP has served over 2,200 individuals from underserved communities since 2007.



contact information:

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who is eligible?

To participate in CAP, community organizations or schools must meet the criteria listed below. (If your organization has multiple programs, each program must be evaluated for eligibility.) Community organizations must:

- Offer their services for free or at low cost
- Work with children and youth who are part of families with limited income

In addition, youth served by the community organization must meet one of the following criteria:

- Receive free or reduced-cost lunch
- Have emotional, physical, or developmental needs
- Experience barriers that have prevented them from visiting a national park

To obtain an eligibility form, please contact the CAP Program Manager at (415) 561-7757 or send an e-mail to cap@parksconservancy.org. Forms are also available to fill out or download online at www.crissyfield.org/cap.

“The most useful part of the training was learning the intentionality behind every process of camping and how that translates to leading groups.”

- CAP Youth Leader

how does the program work? If eligible, the following steps need to be taken:

STEP 1: Complete CAP Leadership Training

The CAP Leadership Training is designed to provide leaders with the skills and resources to plan and lead a youth camping trip here in the Presidio and beyond. During the two-day and one-night CAP Leadership Training, teachers and leaders acquire front-country camping skills and become familiar with the Presidio's natural and cultural resources. They learn the basics on how to reserve future camping trips through CAP and are trained to lead place-based nature hikes and other outdoor activities. After program leaders and teachers have completed the CAP Leadership Training, they are certified and can then begin scheduling camping trips to the Presidio.

Training Cost

- \$40 for teachers and individuals (\$20 for each additional participant from the same school or community organization)
- \$65 for community organizations

Schedule of 2010 Trainings

- March 13-14
- April 10-11
- September 18-19

Additional trainings can be scheduled for groups of 12 or more people.

STEP 2: Reserve Camping Package

Beginning in January of each year, certified leaders can reserve their camping date for the upcoming season (March through October). There are two campsites at Rob Hill; each accommodates up to 30 people and includes picnic tables, barbecue grills, a central campfire ring, running water, and restrooms. The camping package includes:

- Roundtrip transportation to and from your school or community center
- Overnight stay at Rob Hill Campground in the Presidio
- Use of camping equipment including tents, sleeping bags, pads, and cooking equipment
- Groups can choose from eight different 1.5 to 3-hour guided park programs:

The Anza Expedition
Campfire Storytelling
Lobos Creek Investigation
Lobos Creek Valley Quest
Teambuilding Challenge
Native Plant Adventures
Habitat Restoration
Last Line of Defense

Most programs are wheelchair accessible. For more details please contact the CAP Education Coordinator at (415) 561-7763 or rslami@parksconservancy.org.

Program Cost

- \$75 per visit for groups of up to 30 people, \$25 per additional night on same visit
- \$75 for roundtrip transportation

“The students learned to respect and appreciate nature and why it is important to protect nature/Earth. They also learned the importance of national parks and feeling comfortable in nature (being outdoors).”

- CAP Youth Leader

CAP partners



CRISSY FIELD CENTER Crissy Field Center encourages new generations to become bold leaders for thriving parks, healthy communities, and a more environmentally just society. This urban environmental center is a partnership of the Golden Gate National Parks Conservancy, the National Park Service, and the Presidio Trust. Since opening its doors in 2001, the Center has served more than 750,000 people with school field trips, summer camps, outreach and after-school programs, youth internships, family events, and more. The Center's programs are supported by the over 14,068 members of the Golden Gate National Parks Conservancy as well as grants from private foundations and public agencies. The Parks Conservancy is the nonprofit membership organization created to preserve the Golden Gate National Parks, enhance experiences of park visitors, and build a community dedicated to conserving the parks for the future. To find out how you can support Crissy Field Center by becoming a Parks Conservancy member, or how you can volunteer in the parks, please visit www.parksconservancy.org.



NATIONAL PARK SERVICE The National Park Service was created in 1916 to preserve America's natural, cultural, and scenic treasures and to provide for their enjoyment by future generations. Today, the NPS manages 391 park sites across the country, including the Golden Gate National Parks. For more information, please visit www.nps.gov/goga.



THE PRESIDIO TRUST Responsible for the transformation of the Presidio from an historic Army post into a premier national park that is financially self-sustaining, the Trust is leading the nation's largest historic preservation project, restoring the park's buildings and landscapes, and creating innovative programs. To learn more about the Presidio Trust, visit www.presidio.gov.



BAY AREA WILDERNESS TRAINING BAWT creates opportunities for urban youth to experience wilderness first hand and exists as a comprehensive source of support to agencies that lead youth wilderness trips. BAWT believes that urban youth, once exposed to wilderness have a broadened sense of themselves, each other, and the world around them. For more information about BAWT, please visit www.bawt.org.

for more information visit www.crissyfield.org/cap